Dear Scullers,

We're pleased to hear that you'll be joining us for a stay at the Craftsbury Outdoor Center. The following is important information:

**Check in for all sculling programs is at 2:30pm.** Please arrange your travel plans to arrive here by 2:30pm as orientation starts promptly at 3:30pm.

**Introduction for all sculling programs is at 3:30pm.**

**Check out – weekend & 4 day programs – is at 12:15pm followed by 12:30pm lunch.**

**Check out – week long programs – is at 10:30am – lunch is not provided on this day.**

**Upgrade Accommodations** – Our rates include a double occupancy room with a shared bath/shower facility. Bedding and towels are provided. For an additional charge, you can upgrade to a single room, single room with private bath, suite, and/or a cabin when available. Please call the office for more information.

You will meet your coaches and the other participants at introduction. We provide you with a sculling shell for your stay, but you are encouraged to bring your own boat. Please contact Troy Howell, Managing Director, at sculling@craftsbury.com for any special needs you might have.

**Things to bring:** Dress is casual at the Sculling Center, but keep in mind that Vermont's weather is often variable.

- Lycra tights and/or shorts
- Bright colored rowing clothes
- Socks – we recommend that you do not row barefoot
- Layers – mornings can be chilly, especially in May and September
- Hat, **but not red** as our coaches wear red
- Fleece top
- Wind jacket and rain gear
- Swimsuit, beach towel, sunscreen, bug repellent
- Flashlight
- Water bottle and/or travel mug
- Closed toe shoes (i.e. sneakers) for the trip to Concept 2
- Phone card - **calling cards are sold at the office, as there is NO cell phone coverage in this area**
- A “cool” T-shirt or your club’s T-shirt for the T-shirt exchange (**week long programs only**)!

**Dining Hall** - Meals are served buffet style and include fresh local produce and home-style cooking. A vegetarian option is offered at each meal. With notice, the kitchen can accommodate the following dietary needs: Lactose intolerance, vegan, gluten free and Celiac disease. Guests with food allergies need to be aware that we cannot guarantee the complete absence of any food ingredient in our kitchen. That being said, we will do our best to accommodate non-life
threatening food allergies. You must notify the office of any dietary needs/allergies prior to your arrival, and we recommend that you speak to the kitchen staff directly upon arrival. We will do our best to fulfill, but cannot guarantee, your meal seating requests. Bag lunches are available if ordered by 4:30pm the day before.

Transportation - If you choose to arrive by public transportation, Burlington is the nearest airport, and bus and train lines service Waterbury. Please call our office for taxi referrals and check our website for more details on taxi referrals and car pool information.

Retail Shop - The Center’s retail shop offers a variety of items for sale: clothing, Vermont-made products like pure maple syrup, pottery, honey, our own cookbook, and training principles books. You are sure to find something unique to bring home. We also carry a variety of wine and beer, including a selection of Vermont’s microbreweries and wineries.

Facilities - The Center is located on a dirt road two and a half miles from scenic Craftsbury Common. The terrain of the Northeast Kingdom is a mixture of rolling hills, dairy farms, and white clapboard villages. We’re situated on the shore of Lake Hosmer; a two-mile long, sparsely developed lake whose cool waters are delightful for swimming or canoeing. The Center’s canoes and kayaks are free for houseguest use. Both lodges have refrigerators available for guest use. In addition, Cedar Lodge has a fitness room, sauna (remember to pack your bathing suit!), and lounge. Washers and dryers are available for guest use from 3 p.m. to 9 p.m. by donation. Both Cedar & Tamarack Lodges offer satellite TV, and both lodges have DVD/VCRs.

Vermont law prohibits smoking in all public buildings.

Pet Policy: We have one pet friendly accommodation – Cabin B. Your dog must be on a leash and under close supervision at all times. Please keep your pet off our waterfront. There is a pet cleaning charge of $80.00 plus tax per stay.

Communication - Mail can be sent to you at the below address, and phone messages can be left with our office during business hours. Both our lodges have a land line phone. Guests can be reached in Cedar Lodge at (802) 586-9113, and in Tamarack Lodge at (802) 586-2386. You can receive incoming calls on all our phones. We don’t have phones in any of our cabins, suites, or rooms. There is NO cell phone coverage in this area. WiFi is available in all of our accommodations.

The Area - There is a small country store and a garage in Craftsbury Village, four miles from the Center. The nearest drugstore is located in Hardwick, twelve miles away. The closest hospital is in Morrisville, twenty miles from the Center. The office can provide you with directions to these locations.

Liability and Security - The Craftsbury Outdoor Center is not responsible for the loss of, or damage to, guest and visitors articles left on the premises at any time. This includes property belonging to guests, visitors, or vendors. Liability for damages to the premises will be charged accordingly.

Please call if you have any questions. We look forward to seeing you and hope you enjoy your visit to the Craftsbury Outdoor Center.

Sincerely,
The Craftsbury Outdoor Center